

Pattern



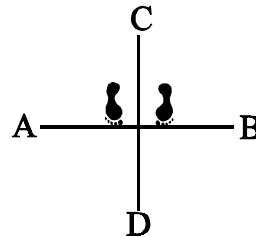
Chon-Ji Tul First Pattern

Name

The name 'Chon-Ji' literally means *Heaven and Earth*. In the Orient, this is understood as the beginning of the world and of human history. The Pattern consists of two equal parts, one representing Heaven, the other Earth.

In Chon-Ji Tul there are 19 movements.

Diagram



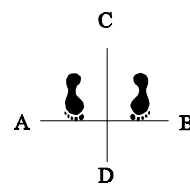
1
CHON-JI
TUL

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Chon-Ji Tul First Pattern

Starting Position.

Parallel ready-stance **Chumby**, towards D.
Picture as seen from D.

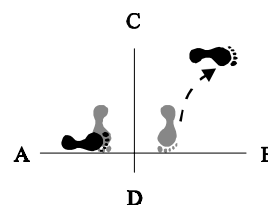


Starting
Position



Pos. 1

Move the left foot to B, form a left walking stance towards B and execute a left forearm **block** low.
Picture as seen from D.

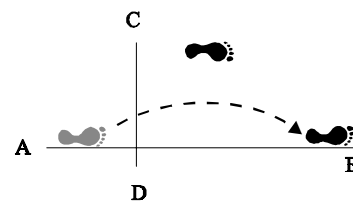


Pos. 1

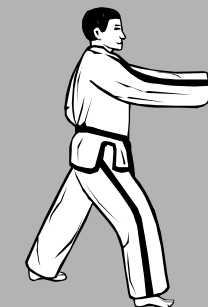


Pos. 2

Move right the foot to B, form a right walking stance towards B and execute a right fist-**punch** middle.
Picture as seen from D.

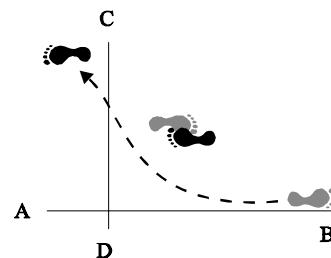


Pos. 2

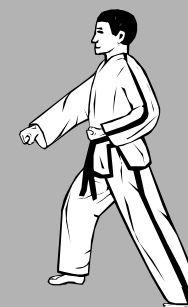


Pos. 3

Move the right foot to A (turn clockwise), form a right walking stance towards A and execute a right forearm **block** low.
Picture as seen from D.



Pos. 3

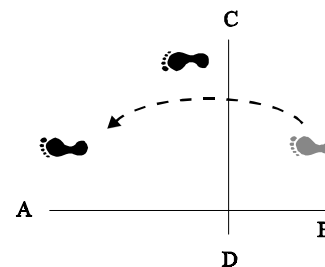


CHON-JI

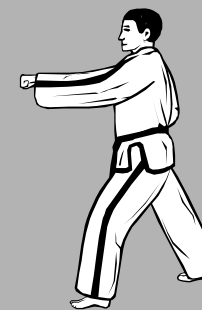
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Pos. 4

Move the left foot to A, form a left walking stance towards A and execute a left fist-**punch** middle.
Picture as seen from D.

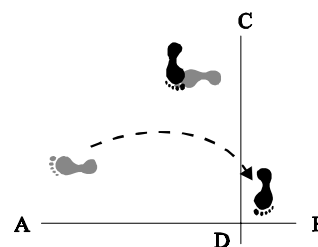


Pos. 4

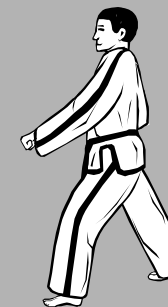


Pos. 5

Move the left foot to D (turn counter-clockwise), form a left walking stance towards D and execute a left forearm **block** low.
Picture as seen from B.

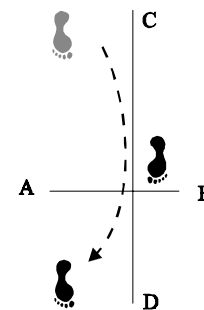


Pos. 5

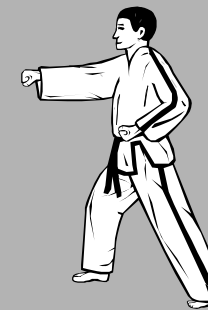


Pos. 6

Move the right foot to D, form a right walking stance towards D and execute a right fist-**punch** middle.
Picture as seen from B.

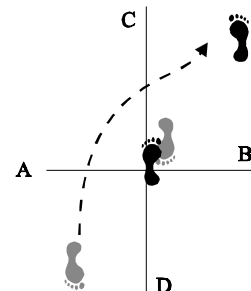


Pos. 6

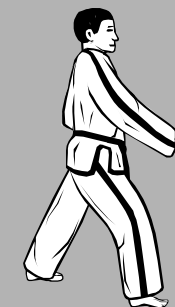


Pos. 7

Move the right foot to C (turn clockwise), form a right walking stance towards C and execute a right forearm **block** low.
Picture as seen from B.



Pos. 7



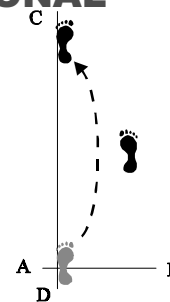
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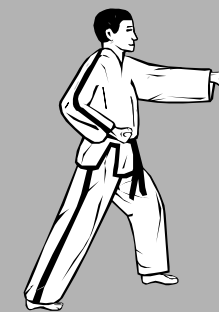
Pos. 8

Move the left foot to C, form a left walking stance towards C and execute a left fist-**punch** middle.

Picture as seen from B.



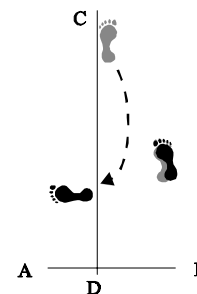
Pos. 8



Pos. 9

Move the left foot to A (turn counter-clockwise), form a right L-stance towards A and execute a left inner forearm **block** middle.

Picture as seen from C.



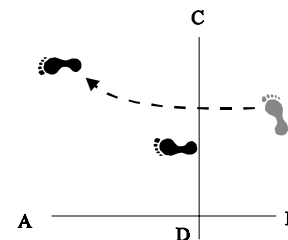
Pos. 9



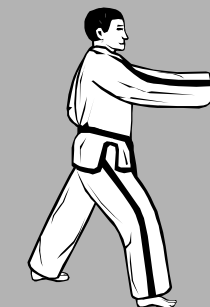
Pos. 10

Move the right foot to A, form a right walking stance towards A and execute a right fist-**punch** middle.

Picture as seen from C.



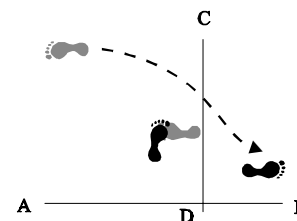
Pos. 10



Pos. 11

Move the right foot to B (turn clockwise), form a left L-stance towards B and execute a right inner forearm **block** middle.

Picture as seen from C.



Pos. 11



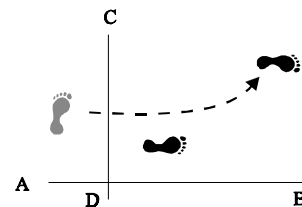
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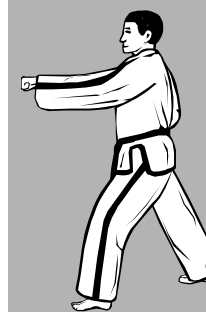
Pos. 12

Move the left foot to B, form a left walking stance towards B and execute a left fist-**punch** middle.

Picture as seen from C.



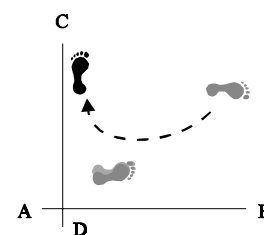
Pos. 12



Pos. 13

Move the left foot to C (turn counter-clockwise), form a right L-stance towards C and execute a left inner forearm **block** middle.

Picture as seen from B.



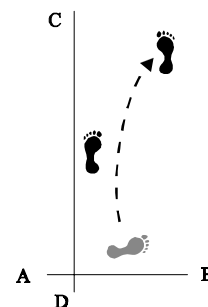
Pos. 13



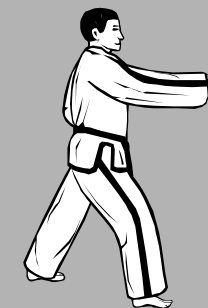
Pos. 14

Move the right foot to C, form a right walking stance towards C and execute a right fist-**punch** middle.

Picture as seen from B.



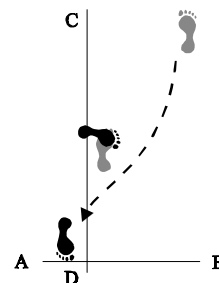
Pos. 14



Pos. 15

Move the right foot to D (turn clockwise), form a left L-stance towards D and execute a right inner forearm **block** middle.

Picture as seen from B.



Pos. 15



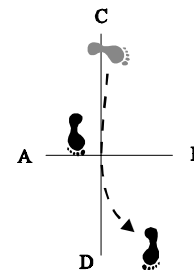
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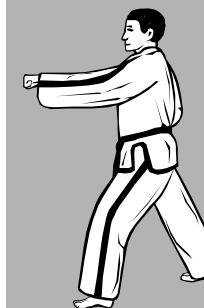
Pos. 16

Move the left foot to D, form a left walking stance towards D and execute a left fist-**punch** middle.

Picture as seen from B.



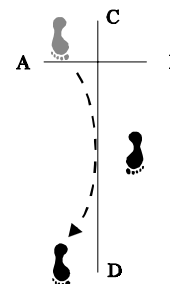
Pos. 16



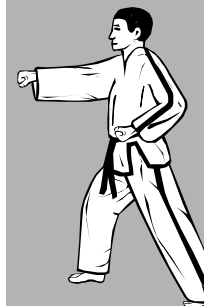
Pos. 17

Move the right foot to D, forming a right walking stance towards D and execute a right fist-**punch** middle.

Picture as seen from B.



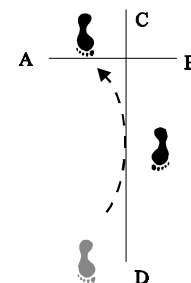
Pos. 17



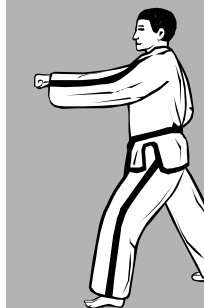
Pos. 18

Move the right foot to C, form a left walking stance towards D and execute a left fist-**punch** middle.

Picture as seen from B.



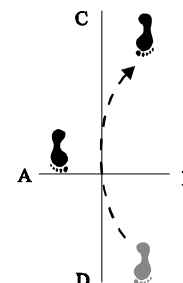
Pos. 18



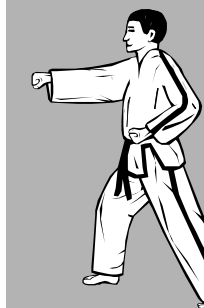
Pos. 19

Move the left foot to C, form a right walking stance towards D and execute a right fist-**punch** middle.

Picture as seen from B.



Pos. 19



CHON-JI

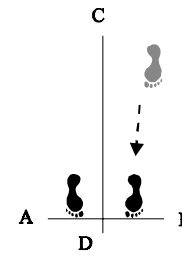
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End

Bring the left foot back to D, form a parallel ready-stance

Chumby, towards D.

Picture as seen from D.



End



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