

Pattern

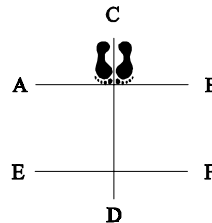


Won-Hyo Tul Fourth Pattern

Name

Won-Hyo was the noted monk who introduced Buddhism to the Silla Dynasty in the year 686 AD.

Diagram



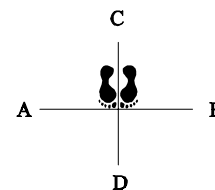
4
WON-HYO
TUL

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Won-Hyo Tul Fourth Pattern

Starting Position

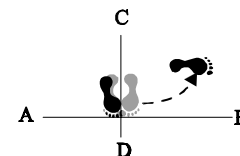
Close ready stance, **Chumby-A**, towards D.
Picture as seen from D.



Starting
Position

Pos. 1

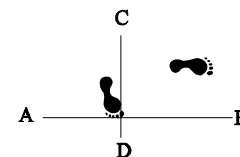
Move the left foot to B form a right L-stance towards B and execute a twin forearm **block**.
Picture as seen from D.



Pos. 1

Pos. 2

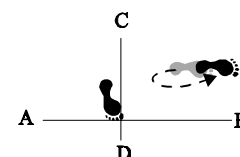
Maintain the same position and execute a right inward knife hand **strike** high. Bring the left (reaction) hand to the front of the chest.
Picture as seen from D.



Pos. 2

Pos. 3

Slip the left foot to B, form a right fixed L-stance towards B and execute a left sideways fist-**punch** middle.
Picture as seen from D.



Pos. 3



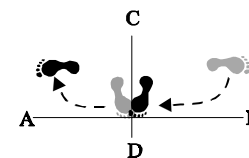
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Pos. 4

Move the left foot to the right foot, move the right foot to A, form a left L-stance towards A and execute a twin forearm block.

Picture as seen from D.



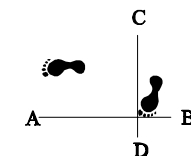
Pos. 4



Pos. 5

Maintain the same position and execute a left inward knife hand strike high. Bring the right (reaction) hand to the front of the chest.

Picture as seen from D.



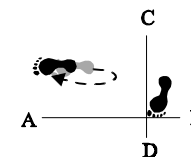
Pos. 5



Pos. 6

Slip the right foot to A, form a left fixed L-stance towards A and execute a right sideways fist-punch middle.

Picture as seen from D.



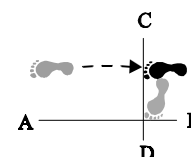
Pos. 6



Pos. 7

Move the right foot to the left foot (turn clockwise), form a right bending-stance towards D.

Picture as seen from A.



Pos. 7

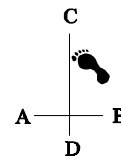


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Pos. 8

Execute a left side **kick** middle towards D.
Picture as seen from A.

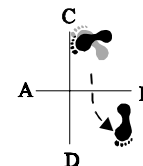


Pos. 8



Pos. 9

Lower the left foot to D, form a right L-stance towards D and execute a knife hand guarding-**block** middle.
Picture as seen from A.

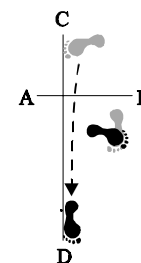


Pos. 9



Pos. 10

Move the right foot to D, form a left L-stance towards D and execute a knife hand guarding-**block** middle.
Picture as seen from B.

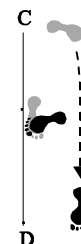


Pos. 10



Pos. 11

Move the left foot to D, form a right L-stance towards D and execute a knife hand guarding-**block** middle.
Picture as seen from B.



Pos. 11

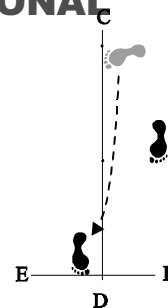


WON-HYO

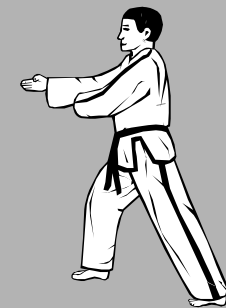
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Pos. 12

Move the right foot to D, form a right walking stance towards D and execute a right straight fingertip **thrust** middle.
Picture as seen from B.

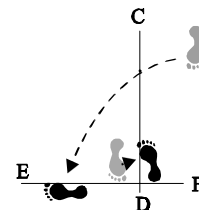


Pos. 12



Pos. 13

Move the left foot to E (turn counter clockwise), form a right L-stance towards E and execute a twin forearm **block**.
Picture as seen from C.

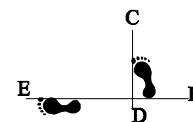


Pos. 13



Pos. 14

Maintain the same position and execute a right inward knife hand **strike** high. Bring the left (reaction) hand to the front of the chest.
Picture as seen from C.

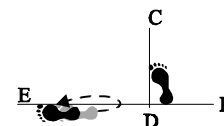


Pos. 14



Pos. 15

Slip the left foot to E, form a right fixed L-stance towards E and execute a left sideways fist **punch** middle.
Picture as seen from C.



Pos. 15



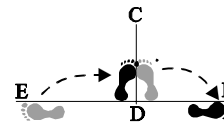
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Pos. 16

Move the left foot to the right foot, move the right foot to F, form a left L-stance towards F and execute a twin forearm **block**.

Picture as seen from C.



Pos. 16



Pos. 17

Maintain the same position and execute a left inward knife hand **strike** high. Bring the right (reaction) hand to the front of the chest.

Picture as seen from C.



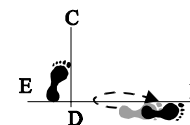
Pos. 17



Pos. 18

Slip the right foot to F, form a left fixed L-stance towards F and execute a right sideways fist-**punch** middle.

Picture as seen from C.



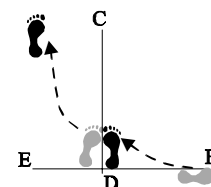
Pos. 18



Pos. 19

Move the right foot to the left foot, move the left foot to C, form a left walking stance towards C and execute a right inner forearm circular-**block**.

Picture as seen from A.



Pos. 19



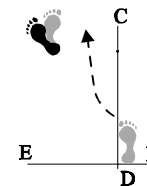
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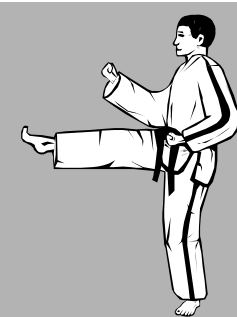
Pos. 20

Execute a right front **kick** low towards C. Keep the hands in the same position.

Picture as seen from A.



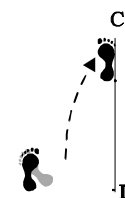
Pos. 20



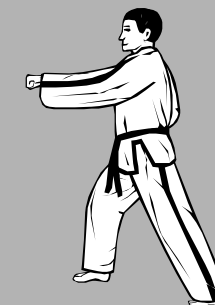
Pos. 21

Lower the right foot to C, form a right walking stance towards C and execute a left fist-**punch** middle.

Picture as seen from A.



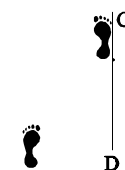
Pos. 21



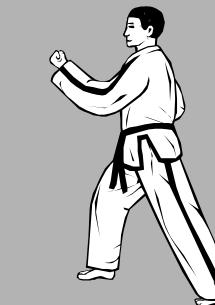
Pos. 22

Maintain the same position and execute a left inner forearm **circular-block**.

Picture as seen from A.



Pos. 22



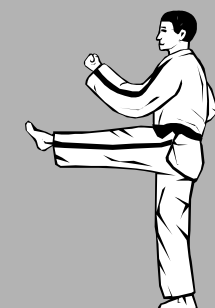
Pos. 23

Execute a left front **kick** low towards C. Keep the hands in the same position.

Picture as seen from A



Pos. 23



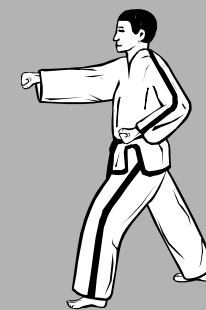
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Pos. 24

Lower the left foot to C, form a left walking stance towards C and execute a right fist-**punch** middle.
Picture as seen from A.

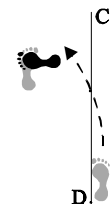


Pos. 24



Pos. 25

Move the right foot to C (turn counter-clockwise), form a left **bending-stance** towards C.
Picture as seen from A.

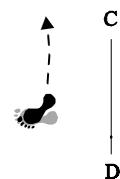


Pos. 25

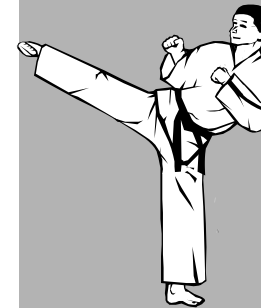


Pos. 26

Execute a right side **kick** middle towards C.
Picture as seen from A.

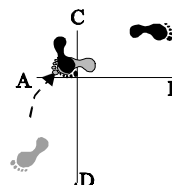


Pos. 26



Pos. 27

Lower the right foot to C a shoulder-wide distance from the left foot. Move the left foot to B (turn counter-clockwise), form a right L-stance towards B and execute a forearm guarding **block** middle.
Picture as seen from D.



Pos. 27



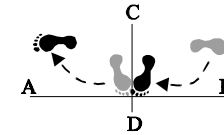
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Pos. 28

Move the left foot to the right foot, move the right foot to A (turn clockwise), form a left L-stance towards A and execute a forearm guarding **block** middle.

Picture as seen from D.



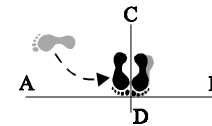
Pos. 28

End

Move the right foot to B, form a closed ready stance

Chumby-A, towards D.

Picture as seen from D.



End

