

Pattern

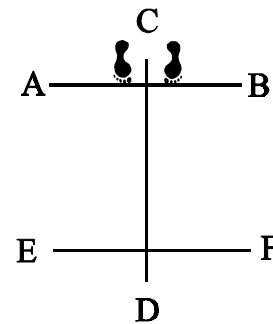


Joong-Gun Tul Sixth Pattern

Name

This Tul is named after the patriot Ahn Joong Gun who assassinated Hiro Bumi Ito, the first Japanese governor-general of Korea, known as the man who played a leading part in the Korea-Japan merge. There are 32 movements in this pattern to represent Mr Ahn's age when he was executed at Lui Shung prison (1910).

Diagram



6

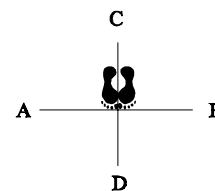
JOON-GUN TUL

UNITED TAEKWON-DO INTERNATIONAL

Joong-Gun Tul Sixth Pattern

Starting Position

Close ready stance, **Chumby-B**, towards D.
Picture as seen from D.

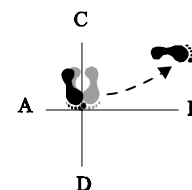


Starting
Position



Pos. 1

Move the left foot to B, form a right L-stance toward B and execute a left reverse knifehand **block** middle.
Picture as seen from D.

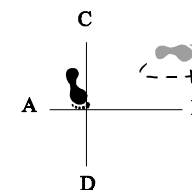


Pos. 1



Pos. 2

Execute a left sideward front **kick** low towards B. Keep the hands in the same position.
Picture as seen from D.

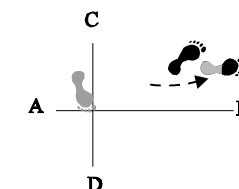


Pos. 2



Pos. 3

Lower the left foot to B, move the right foot to B, form a left rear foot stance towards B and execute a right upward palm **block** middle.
Picture as seen from D.



Pos. 3

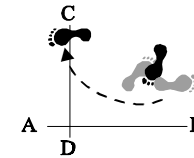


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Pos. 4

Move the right foot to A (turn clockwise), form a left L-stance towards A and execute a right reverse knifehand **block** middle. Picture as seen from D.

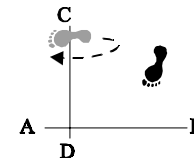


Pos. 4

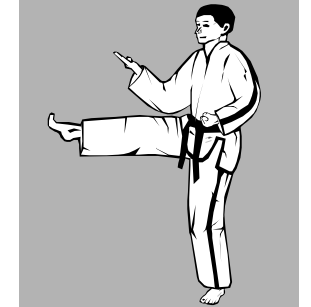


Pos. 5

Execute a right sideward front **kick** low towards A. Keep the hands in the same position. Picture as seen from D.

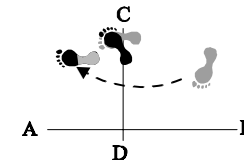


Pos. 5



Pos. 6

Lower the right foot to A, move the left foot to A, form a right rear foot stance towards A and execute a left upward palm **block** middle. Picture as seen from D.

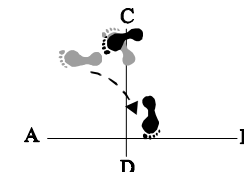


Pos. 6



Pos. 7

Move the left foot to D, form a right L-stance towards D and execute a knifehand guarding **block** middle. Picture as seen from B.



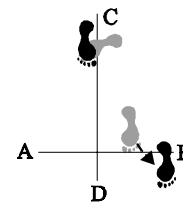
Pos. 7



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Pos. 8

Slip the left foot into a left walking stance towards D and execute a right upward elbow **strike** high.
Picture as seen from B.

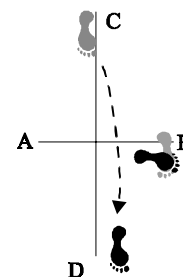


Pos. 8



Pos. 9

Move the right foot to D, form a left L-stance towards D and execute a knifehand guarding **block** middle.
Picture as seen from B.

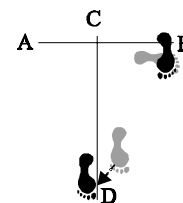


Pos. 9

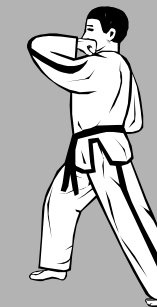


Pos. 10

Slip the right foot into a right walking stance towards D and execute a left upward elbow **strike** high.
Picture as seen from B.

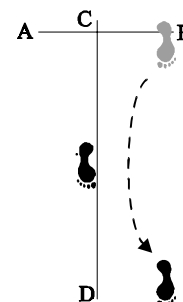


Pos. 10



Pos. 11

Move the left foot to D, form a left walking stance towards D and execute a vertical twin fist **punch** high.
Picture as seen from B.



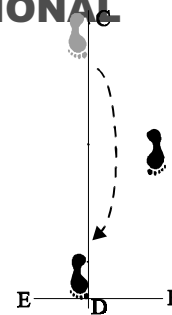
Pos. 11



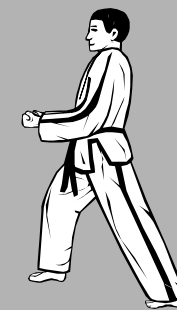
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Pos. 12

Move the right foot to D, form a right walking stance towards D and execute a upset twin fist **punch** middle.
Picture as seen from B.

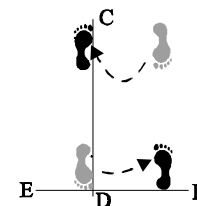


Pos. 12

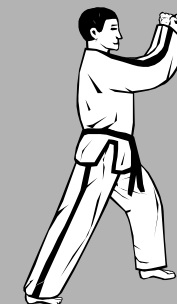


Pos. 13

Perform a counter-clockwise step-turn, form a left walking stance towards C and execute an X-fist rising **block**.
Picture as seen from B.

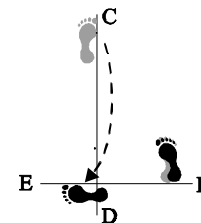


Pos. 13



Pos. 14

Move the left foot to E, form a right L-stance towards E and execute a left backfist **strike** high.
Picture as seen from C.

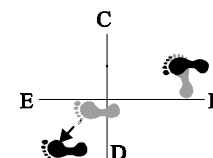


Pos. 14



Pos. 15

Slip the left foot to E, form a left walking stance towards E and execute a **release motion** against a wrist grab' by twisting the left backfist facing downward.
Picture as seen C.



Pos. 15

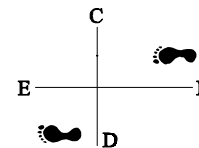


Perform in a powerful motion.

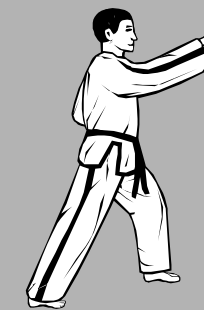
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Pos. 16

Maintain the same position and execute a right fist **punch** high.
Picture as seen from C.

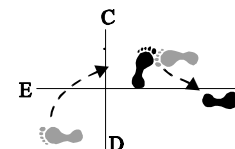


Pos. 16



Pos. 17

Move the left foot to the right foot, move the right foot to F, form a left L-stance towards F and execute a right backfist **strike** high.
Picture as seen from C.

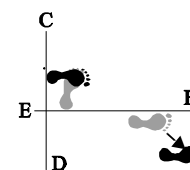


Pos. 17



Pos. 18

Slip the right foot into a right walking stance towards F and execute a '**release motion** against a wrist grab' by twisting the right backfist facing downward.
Picture as seen from C.



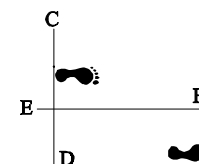
Pos. 18



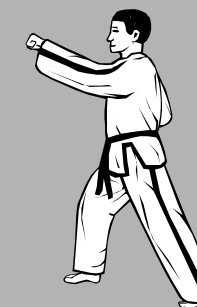
Perform in a powerful motion.

Pos. 19

Maintain the same position and execute a left fist **punch** high.
Picture as seen from C.



Pos. 19



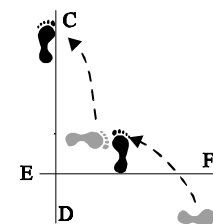
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Pos. 20

Move the right foot to the left foot, move the left foot to C, form a left walking stance towards C and execute a left double inner forearm **block** high.

Picture as seen from B.



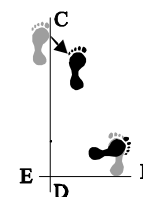
Pos. 20



Pos. 21

Pull the left foot into a right L-stance towards C and execute a left sideward fist **punch** middle.

Picture as seen from B.



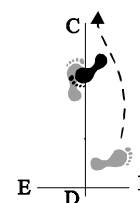
Pos. 21



Pos. 22

Execute a right side **kick** middle towards C.

Picture as seen from A.



Pos. 22



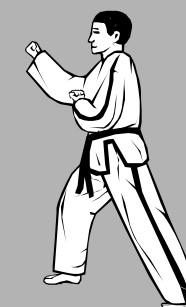
Pos. 23

Lower the right foot to C, form a right walking stance towards C and execute a right double inner forearm **block** high.

Picture as seen from A.



Pos. 23



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Pos. 24

Pull the right foot into a left L-stance towards C and execute a right sideward fist **punch** middle.

Picture as seen from A.



Pos. 24



Pos. 25

Execute a left side **kick** middle towards C.

Picture as seen from B.



Pos. 25



Pos. 26

Lower the left foot to C, form a right L-stance towards C and execute a forearm guarding **block** middle.

Picture as seen from B.



Pos. 26



Pos. 27

Slip the left foot into a left walking stance towards C and execute a right pressing **block**.

Picture as seen from B.



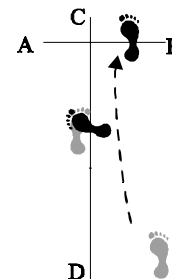
Pos. 27



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Pos. 28

Move the right foot to C, form a left L-stance towards C and execute a forearm guarding **block** middle.
Picture as seen from B.

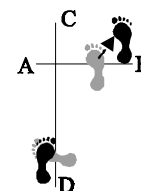


Pos. 28



Pos. 29

Slip the right foot into a right walking stance towards C and execute a left pressing **block**.
Picture as seen from B.

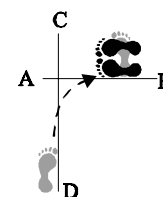


Pos. 29



Pos. 30

Move the left foot to C, form a close stance towards A and execute a right hooking fist **punch** middle.
Picture as seen from A.

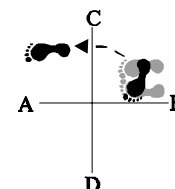


Pos. 30



Pos. 31

Move the right foot to A, form a left fixed stance towards A and execute a U-shaped **block**.
Picture as seen from D.



Pos. 31

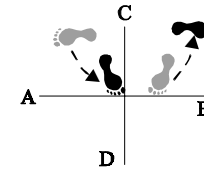


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Pos. 32

Move the right foot to the left foot, move the left foot to B, form a right fixed stance towards B and execute a U-shaped block.

Picture as seen from D.



Pos. 32

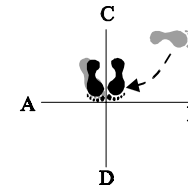


End

Move the left foot to A, form a close ready stance

Chumby-B, towards D.

Picture as seen from D.



End

