

# Pattern



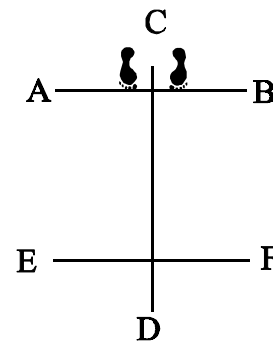
## Hwa-Rang Tul Eighth Pattern

### Name

Hwa-Rang Tul is named after the youth group which originated in the Silla Dynasty in the early 7th century. This group eventually became the driving force for the unification of the three Kingdoms of Korea.

The 29 movements refer to the 29th Infantry Division, where Taekwon-do developed to maturity.

### Diagram



# 8

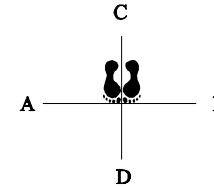
## HWA-RANG TUL

# UNITED TAEKWON-DO INTERNATIONAL

## Hwa-Rang tul Eighth Pattern

### Starting Position

Close ready stance **Chumby-C**, towards D.  
Picture as seen from D.

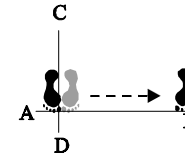


Starting  
Position



### Pos. 1

Move the left foot to B, form a sitting stance towards D and execute a left forward pushing **block** middle with the palm of the hand.  
Picture as seen from D.

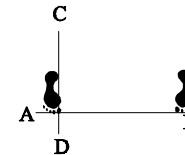


Pos. 1



### Pos. 2

Maintain the same position and execute a right fist **punch** middle.  
Picture as seen from D.

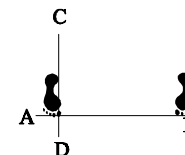


Pos. 2

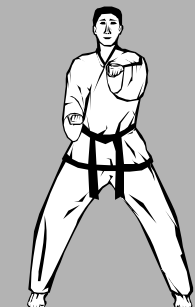


### Pos. 3

Maintain the same position and execute a left fist **punch** middle.  
Picture as seen from D.



Pos. 3



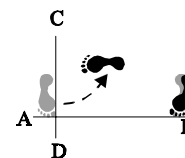
**Perform Pos. 2 and Pos. 3 in a continuous motion.**

# UNITED TAEKWON-DO INTERNATIONAL

## Pos. 4

Pull the left foot into a left L-stance towards A and execute a twin forearm **block**.

Picture as seen from D.



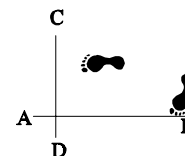
Pos. 4



## Pos. 5

Maintain the same position and execute a left upward **punch** high. Bring the right (reaction) hand to the front of the chest.

Picture as seen from D.



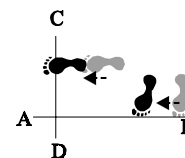
Pos. 5



## Pos. 6

Slide to A, form a left fixed stance towards A and execute a right sideward fist **punch** middle.

Picture as seen from D.



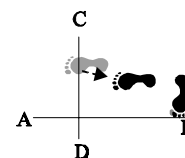
Pos. 6



## Pos. 7

Pull the right foot into a left vertical stance towards A and execute a right downward knifehand **strike** high.

Picture as seen from D.



Pos. 7

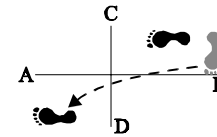


# UNITED TAEKWON-DO INTERNATIONAL

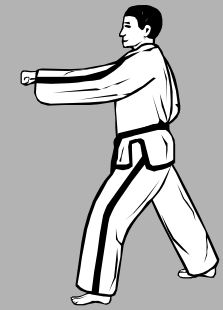
## Pos. 8

Move the left foot to A, form a left walking stance towards A and execute a left fist **punch** middle.

Picture as seen from D.



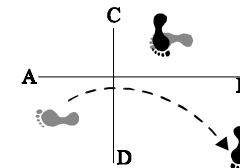
Pos. 8



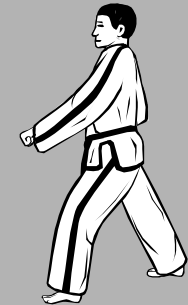
## Pos. 9

Move the left foot to D, form a left walking stance towards D and execute a left forearm **block** low.

Picture as seen from B.



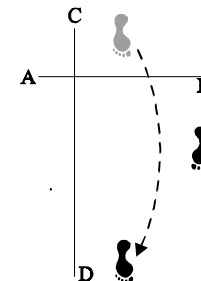
Pos. 9



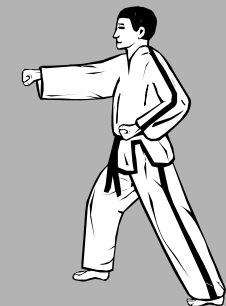
## Pos. 10

Move the right foot to D, form a right walking stance towards D and execute a right fist **punch** middle.

Picture as seen from D.



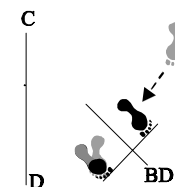
Pos. 10



## Pos. 11

Grab the front side of the right fist with the palm of the left hand. Move the left foot to D, form a left diagonal-parallel stance towards BD and bring both hands, bending the right elbow slightly, in a **controlling movement** to the middle of the chest.

Picture as seen from B.



Pos. 11

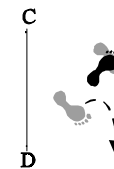


# UNITED TAEKWON-DO INTERNATIONAL

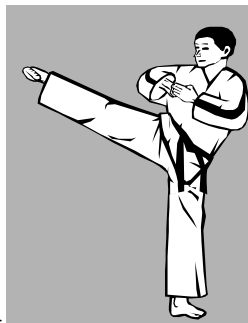
## Pos. 12A

Execute a right side **kick** middle towards D. Bring both hands to the body.

Picture as seen from B.



Pos. 12A



## Pos. 12B

Lower the right foot to D, form a left L-stance towards D and execute a right knifehand **strike** middle.

Picture as seen from B.



Pos. 12B

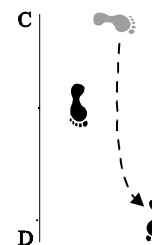


**Perform Pos. 12A and 12 B in a continuous movement.**

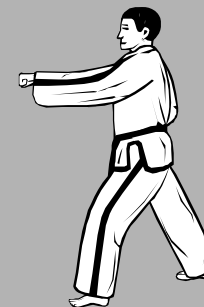
## Pos. 13

Move the left foot to D, form a left walking stance towards D and execute a left fist **punch** middle.

Picture as seen from B.



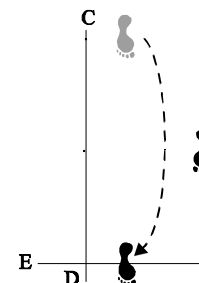
Pos. 13



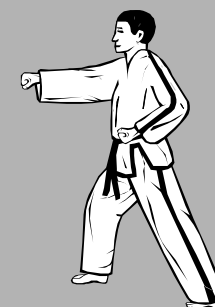
## Pos. 14

Move the right foot to D, form a right walking stance towards D and execute a right fist **punch** middle.

Picture as seen from B.



Pos. 14



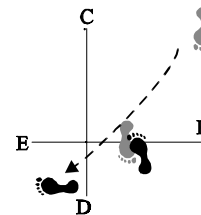
**HWA-RANG**

# UNITED TAEKWON-DO INTERNATIONAL

## Pos. 15

Move the left foot to E (turn counter-clockwise), form a right L-stance towards E and execute a knifehand guarding **block** middle.

Picture as seen from C.



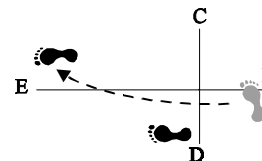
Pos. 15



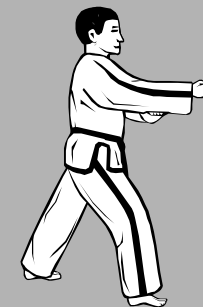
## Pos. 16

Move the right foot to E, form a right walking stance towards E and execute a right straight fingertip **thrust** middle.

Picture as seen from C.



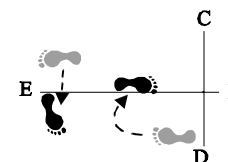
Pos. 16



## Pos. 17

Execute a counter-clockwise step-turn, form a right L-stance towards F and execute a knifehand guarding **block** middle.

Picture as seen from C.



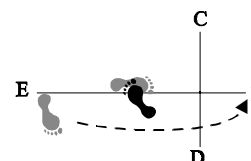
Pos. 17



## Pos. 18

Execute a right turning **kick** high towards F.

Picture as seen from C.



Pos. 18



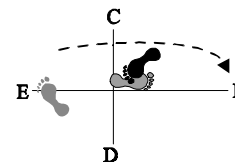
**HWA-RANG**

# UNITED TAEKWON-DO INTERNATIONAL

## Pos. 19A

Lower the right foot to F and execute a left turning **kick** high towards F.

Picture as seen from C.



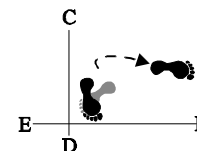
Pos. 19A



## Pos. 19B

Lower the left foot to F, form a right L-stance towards F and execute a knifehand guarding **block** middle.

Picture as seen from C.



Pos. 19B

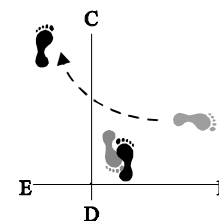


**Perform Pos. 18, Pos. 19A and Pos. 19B in a continuous motion.**

## Pos. 20

Move the left foot to C, form a left walking stance towards C and execute a left forearm **block** low.

Picture as seen from B.



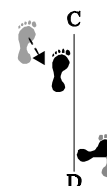
Pos. 20



## Pos. 21

Pull the left foot into a right L-stance towards C and execute a right fist **punch** middle.

Picture as seen from B.



Pos. 21



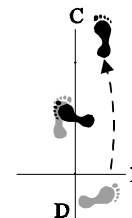
**HWA-RANG**

# UNITED TAEKWON-DO INTERNATIONAL

## Pos. 22

Move the right foot to C, form a left L-stance towards C and execute a left fist **punch** middle.

Picture as seen from B.



Pos. 22



## Pos. 23

Move the left foot to C, form a right L-stance towards C and execute a right fist **punch** middle.

Picture as seen from B.



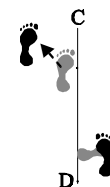
Pos. 23



## Pos. 24

Slip the left foot into a left walking stance towards C and execute an X-fist pressing **block**.

Picture as seen from B.



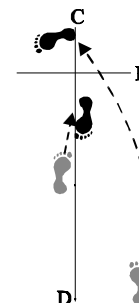
Pos. 24



## Pos. 25

Move in a sliding motion to C (turn counter-clockwise), form a right L-stance towards D and execute a right sideward elbow **thrust** middle.

Picture as seen from A.



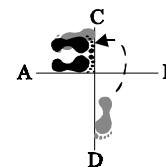
Pos. 25



# UNITED TAEKWON-DO INTERNATIONAL

## Pos. 26

Move the left foot to C (turn counter-clockwise), form a close stance towards B and execute a right inner forearm **block** middle and a left forearm **block** low.  
Picture as seen from B.

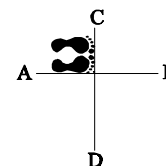


Pos. 26



## Pos. 27

Maintain the same position and execute a right forearm **block** low and a left inner forearm **block** middle.  
Picture as seen from B.



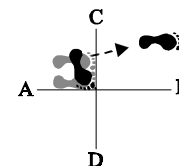
Pos. 27



**Perform Pos. 26 to Pos. 27 is a continuous motion.**

## Pos. 28

Move the left foot to B, form a right L-stance towards B and execute a knifehand guarding **block** middle.  
Picture as seen from D.

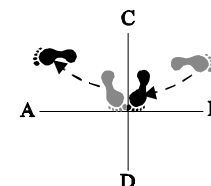


Pos. 28



## Pos. 29

Move the left foot to the right foot, move the right foot to A, form a left L-stance towards A and execute a knifehand guarding **block** middle.  
Picture as seen from D.



Pos. 29



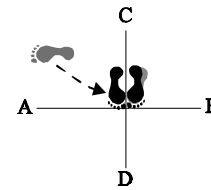
# UNITED TAEKWON-DO INTERNATIONAL

**End**

Move the right foot to B and form a close ready stance

**Chumby-C**, towards D

Picture as seen from D.



**End**



**HWA-RANG**